

## RSE 2023

Year 5- JP, LE, JJ

Week 1

To use correct terminology to label male and female reproductive body parts.

Week 2 Explain what happens during the menstrual cycle.

Week 3 Explain what happens during a wet dream.

Week 4 Explain the emotional changes which take place during puberty.

Week 5

Explain why certain parts of the body need to be kept clean during puberty.

Week 6

Describe the different types of relationships using the correct terminology.

Week 7 Determine what is needed for a marriage or civil partnership.

Single gender sessions will be in Week 4 W/C 26th June

Year 6 LL and JNH

Week 1 and 2

Can I recognise the link between changes at puberty, sexual intercourse and the start of a baby?

Week 3 and 4

Can I identify the emotional and financial support a baby needs from an adult to meet its basic needs?

Week 5

Can I recognise that marriage, arranged marriage and civil partnerships are between two people who willingly agree?

Week 6 Assessment

Week 7 Completion of Summer 1

Single gender sessions will be in Week 4 W/C 26th June

## Year 7 ER and LL

Week 1 Can I recognise the link between changes at puberty, sexual intercourse and the start of a baby? ( recap from year 6)

Week 2 Describe how to manage physical and emotional changes during puberty

Week 3 That the legal and moral duty is with the seeker of consent.

Week 4

To learn about different influences on someone's diet and exercise choices

Week 5

To learn how to make independent, informed decisions about maintaining physical health

Week 6

How to manage and maintain, good oral hygiene and dental health

Week 7 Assessment

## Year 8

Week 1

Can I recognise that there are multiple gender identities and sexual orientations?

Week 2 Can I explain how FGM is in contradiction with human rights?

Week 3 Can I explain how Forced Marriage is in contradiction with human rights?

Week 4

The risks of 'sexting' and how to manage requests or pressure to send an image.

Week 5 Basic forms of contraception, e.g. condom and pill

Week 6 Transition to upper school

Week 7 Assessment