

Dear Parents/Carers

Welcome to our first bulletin of the second half of the Spring term. It was a real pleasure to welcome everyone back on Tuesday morning refreshed from their breaks.

For the teachers, term started on Monday with our INSET day which focused on retrieval practice. I previously shared the content of a training evening we had received delivered by Jade Pearce on how to use strategic retrieval practice to support children in retaining their learning. This works on the concept that revisiting key learning periodically will help the child retain learning - if the revisits are of a high challenge but ultimately attainable independently. On Monday we built on the theory of Jade's session to create effective retrieval tasks working with colleagues across the four trust middle schools sharing expertise.

It is widely known that those who read for pleasure become effective and efficient readers and through our Accelerated Reader programme we are able to congratulate the following who have read over one million words this year. What a fantastic achievement. Well done to:

ACCELERATED READER - MILLION WORD READERS:

Theo S (5FW) 2,724,225
Lorenzo C (5LE) 1,505,393
Lottie T-B (6JB) 2,340,434
Jessica W (6JH) 3,269,358
Chloe J (8JP) 1,495,853



On Wednesday, Year 7 and 8 competed in an indoor rowing competition at Bryanston School. All teams did extremely well and competed to the very best of their ability in this extremely high intensity sport. Isabelle H, Leo T and Maisie W all came 3rd in their race. Josh H and Anna-Mai W-D came 2nd in their race. Josh H was outstanding and reached National level, rowing 811m in 3 minutes. Overall, both the year 7 girls and year 8 boys finished 3rd. A huge well done to all of the pupils.



Just before the half-term break, Lottie T-B in 6JB had her hair cut for charity and has shared this news in her own words below:

I decided to donate 16 inches of my hair to The Little Princess Trust because I like the idea of helping someone who has lost their hair due to cancer treatment or another illness. I've wanted to do this for a long time but recently, someone very close to me was diagnosed with cancer so it felt more important that I should do this now. So far, I have raised £1760 for Breast Cancer UK and everyone has been so generous (my target was £100!).

Well done to Lottie for her courageous charity work and the fantastic sum she has collected.



It has been an exciting, hair-raising week in year 7 Science, as students showed off their superpowers by bending water, lighting a Bunsen burner with their bare hands, floating a paper person in mid-air, sending a bolt of lightning from their fingers, and sending an electric current around a human circuit.

Spring 1 Art Club challenge was to design a piece using the words BE KIND. After a phenomenal response to this theme the six pupils below were chosen for a display in school.

A selection of the word produced is also on the school art Instagram account.

@emmanuelmiddleschoolart

KS2:

ELLIE G 6JH

LOUCINDA A A 5LE

ERIN S 5FW

KS3:

CHLOE J 8JP

ALICE L 7RDF

THEA B-H 8MR



Please can I draw your attention to communication we have received from the Dorset HealthCare School Nursing team with regards to ParentLine 5-19. For full details about what this valuable service provides, please read the information on the final page of the bulletin.

Finally, after speaking with pupils and parental feedback we now have EMS PE leggings available at Threads and Treads as part of the EMS PE kit. We have worked with the team to ensure they are fit for purpose whilst ensuring they are affordable. It is important to note these are the only leggings that can be worn and these can be a direct replacement for skorts, tracksuit bottoms or shorts. They are not seen as an addition to these items.

We wish you all a great weekend and look forward to seeing everyone on Monday.

Mr Rob Christopher and Mr Alister Barker

ParentLine 5-19

ParentLine 5-19 Launched in November 2022 and is aimed at Parents and Carers of Children and Young people aged 5-19 to seek advice and support for their child from a member of the School Nursing team via text message. The School Nursing team can help Parents with Healthy eating, weight management, day/night time wetting, toileting, sleep, hearing, behaviour, emotional health and wellbeing and more.

Parents that have already used ParentLine 5-19 have fed back that they have found it a convenient and easy way to gain information, advice and signposting to further support without needing to wait for an appointment.

ParentLine 5-19 runs from Monday to Friday 9am-4pm during Term times (excluding Weekends, Bank holidays and School Holidays).

Parents can text their query to **07312 263131** and will receive an immediate bounce-back message to let them know their message has been received. We aim to respond within 24 working hours.

More information on ParentLine 5-19 can be found on the School Nursing Web page

www.dorsethealthcare.nhs.uk/school-nursing/parentline

Young people aged 11-19 can also seek advice for themselves from a School Nurse via our ChatHealth text messaging service by texting their query to **07480635511**. ChatHealth runs Monday to Friday 08:30-4:30 (Excluding Weekends and Bank Holidays).

Young people will receive an immediate bounce-back message to let them know their message has been received by the School Nurse. We aim to respond within 24 working hours.

More information on ChatHealth can be found on the School Nursing Web page

www.dorsethealthcare.nhs.uk/school-nursing/chathealth

In Addition to the text messaging services the School Nursing team now also have Social Media pages aimed at Providing Health and Wellbeing information and Signposting for Young people and their Parents/Carers as well as providing updates about what to expect from the School Nursing Team and how to access further advice and support.

Please feel free to also share this information with Parents within your newsletters and Web pages.

Find us on Facebook - Dorset HealthCare School Nursing Team www.facebook.com/profile.php?id=100089483889236

Find us on Instagram - dorsethealthcare_schoolnursing www.instagram.com/dorsethealthcare_schoolnursing/