

	Mon	Tues	Wed	Thurs
AM reg	8	7	5	6
Break	5	8	6	7

Food Plan Autumn 26

	w/c 31.8.26	w/c 7.9.26	w/c 14.9.26	w/c 21.9.26	w/c 28.9.26	w/c 5.10.26	w/c 12.10.26	w/c 19.10.26
5		Intro - Weighing and Measuring	Fruit Fusion	Theory	Couscous Salad	Theory	Pitta Pizza	Party Palmiers
6		Intro -Peer Assessment	Cheese Straws	Theory Eat Well Guide & Carbohydrates	Scone Swirls	Theory Protein & Dairy	Not a Sausage Roll	Wed Viking workshop Thurs invention test
7	Washing up - invention test	Intro Sharp Knife Skills	Tues Ragu Thurs L4 only	Tues L1 only Thurs Ragu	Bolognese	Theory Medical needs & Yeast exp	Bread Rolls	Pizza
8		Intro Team test	Puff Pastry	Danish Pastries	Theory Ethical	Mon Invention test Tues L4 only	Squidgy & Fruit Choc Pud	Short Crust Pastry Mince Pies/ Savoury Tarts

Half-term

	w/c 2.11.26	w/c 9.11.26	w/c 16.11.26	w/c 23.11.26	w/c 30.11.26	w/c 7.12.26	w/c 14.12.26
5	Mon INSET Wed invention test	Muffins	Italian Frittatas	Theory	Cheese Scone	Christmas Shortbreads	The Great British Baked Bean Off
6	Theory Food Labelling	Mock SATs Breakfast Muffins	Pasta Salad	Theory Fat test Onion Chop	Ragu	Marble Cake	The Great British Tomato Ketchup Off
7	Theory Social Choices Nugget off	Lentil Curry	Pasta Bake/Mac & Cheese	Theory Religious & Cultural	Noodle Stir Fry	Lemon & Cranberry Drizzle Cake	Food Quiz Taste testing
8	INSET Mon Tues Invention test	Chilli Con Carne	Theory Fair Trade	Chicken Pot Pie	Chicken Nuggets	Opportunity to Re-make	Food Quiz Taste testing