



EMS Year 5 residential
5th-8th May 2026

Key Information

- 5th-8th May (3 nights/4 days)
- 5 centre-run activities
- Arrive at school at 8:15am on Tuesday 5th May (**no parking in the school car park**). Pupils will gather in the sports hall.
- Leave at approx. 9am on the coach
- Return to school by approx 4pm, Friday 8th May - if traffic is bad, you will receive notification
- Updates:
 - Arriving safely message on our website

Key Information

- Heatree Activity Centre, Devon - AALA Licensed Centre (*Adventures Activities Licensed Authority*)
- Self-contained site - EMS is the only school
- In an emergency, contact via the school
- **ALL children must have a digital consent form completed to attend the trip (sent out last week, please complete ASAP)**
- **The final payment instalment to be made by Tuesday 1st April. Please settle any outstanding as soon as possible.**

Key Information - medicines

- **Essential - take a yellow medical form** if your child will need to take any medicines during the trip (*including travel sickness*)
- **Yellow Form, with medication in a zip-lock bag - to be returned to office no later than Monday 27th April - we cannot give your child medicine unless you complete and sign the **Yellow medicine form****
- Staff are unable to administer aspirin or medicines containing ibuprofen **UNLESS they are prescribed by a doctor.**
- **All medicines** must be provided in the original container and prescribed medicines - as dispensed by a pharmacist, including the instructions for administration
- Failure to ensure this, may affect our ability to administer the medicine

Key Information - medicines

- All instructions on the **yellow medical form**, must match any instructions on the box/packet they are in.
- Please do not send in paracetamol 'just in case'... School will take liquid paracetamol for students for this purpose (**as stated on the digital consent form**)
- **ANY** questions regarding medicines, please speak to **Mrs Bartlett** in the office at your earliest convenience - all these details are clearly stated on the medical form

The EMS Team at Heatree

- Mrs Dibben (Head of Year 5/group leader/First-aider)
- Miss Beth Hoyland (year 5 tutor)
- Miss Emily Rogers (year 5 tutor/first-aider)
- Mrs Karen Doe (year 5 tutor)
- Mrs Becky Dunn (year 5 TA)
- Mrs Sally McGraw (year 5 foundation teacher)
- Mr Rob Christopher (Head & year 5 teacher/first-aider)
- Mr Parker (governor)
- Mrs Timmins (TA)

Modern Facilities



- Dorm Rooms mostly of 4 (2 bunks) - all with en-suite bathrooms
- EMS is the only school
- Mrs Dibben will have a master key & lock up in the evenings
- Each room has an en-suite bathroom
- Girls and boys will be on separate sides of building
- Staff distributed throughout

Bedroom Groups and Activity Groups

Bedroom Groups

Will be mixed across year group

Pupils to give 2 names and will be guaranteed to be with at least 1 of their choices

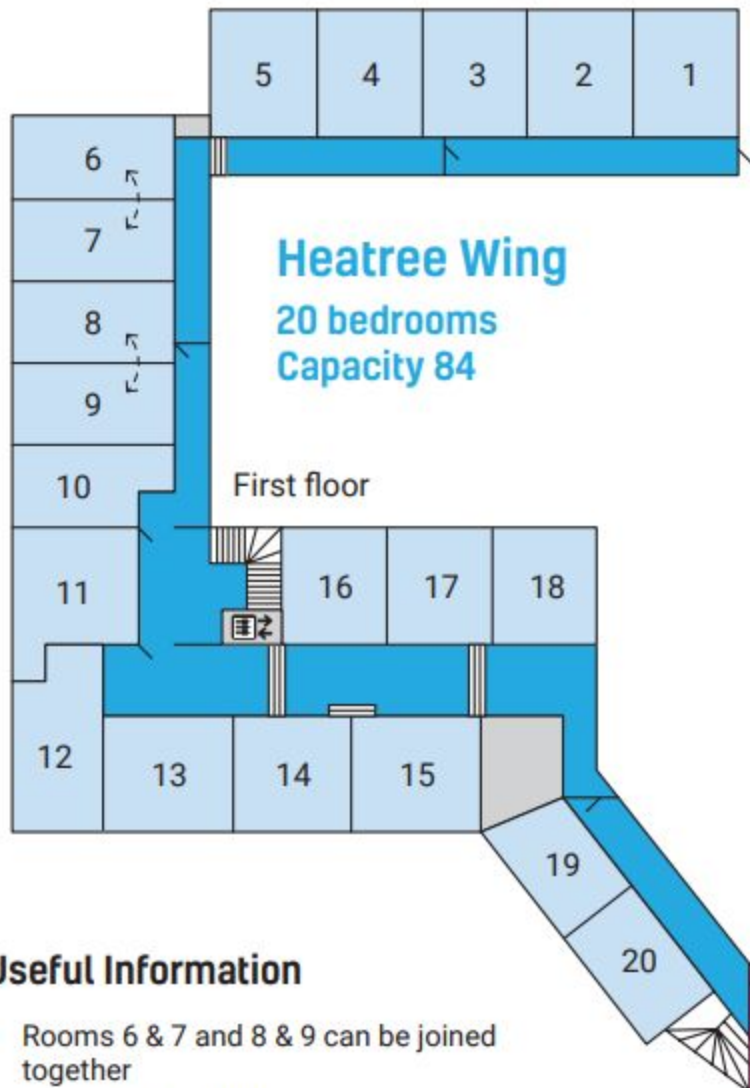
Groups to be given at Heatree

Activity Groups

Will be mixed across year group

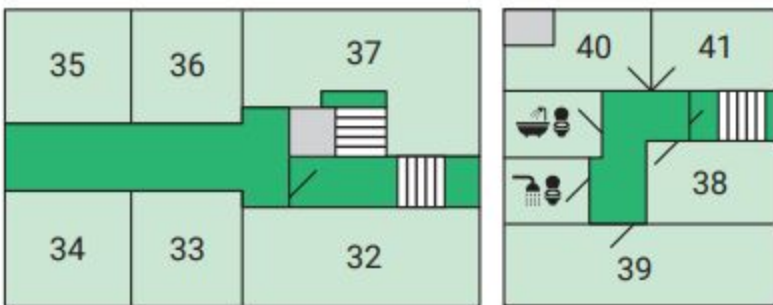
Groups approx 1:11 (each group will also be led by a Heatree staff member)

Activity groups will be given Friday before we go



Heatree Wing
20 bedrooms
Capacity 84

Farmhouse Wing
16 bedrooms
Capacity 64



Second floor

Third floor

Useful Information

- Rooms 6 & 7 and 8 & 9 can be joined together
- Rooms 25 and 30 have a wet room
- Rooms 38, 40 and 41 share two bathrooms (not ensuite)
- Travel cots are available upon request

Our First Day! (Tuesday 5th May)

- Arrive at school at 8:15am on Tuesday 5th May (drop off at the sports hall) ***Please do not park in school car park***
- Coach will leave at approx. 9am (2-3 hour journey)
- **Essential - packed lunch on the first day**
- If your child is entitled to a FSM and you would like them to have a packed lunch ordered, please ensure you order it via the office no later than **Monday 27th April.**
- Children must be dressed in their activity clothes on the morning of Tuesday 5th May to ensure readiness for their first activity!

EMS - Heatree Residential, May 2026

Schools Kit List

Clothing - warm layers

4 sets of outdoor clothing including:

- Several warm layers e.g. coat, fleece, jumpers, sweaters as well as t-shirts
- Long trousers - preferably not jeans
- Waterproof jacket (& trousers if you have them)
- Casual clothes for non-activity wear at meal times / evenings
- Pyjamas
- Underwear & socks (+spare)

PLEASE ENSURE CHILDREN ARE IN THEIR OUTDOOR CLOTHING, FOOTWEAR AND COAT ON ARRIVAL (they will go to their first activity after lunch and will not have access to their bags until after the activity session which finishes approx. 3.45pm)

Footwear

- **An old pair of training shoes for wet and muddy activities**
- **A second pair of trainers or walking shoes**
- **Wellington boots (if you have them)**
- **Slippers or other indoor shoes**

Bedding

- Sleeping bag OR single duvet cover (single duvets & pillows are provided)

Other

- A lunch box and water bottle for packed lunches – use this to bring your own lunch on the first day and then for lunches provided through the week
- A shower towel & toiletries **(please NO aerosols)**
- A day bag/small rucksack
- Bin liner x 2 (for any muddy clothing/shoes/washing)
- Reading book/ magazines/card games
- Small teddy/soft toy
- Torch (optional)
- Cap and suncream

This should all fit into one bag/suitcase that can be pulled or carried by the children

Please do not bring:

Mobile phones, electronic and web-enabled devices, radios, music players, valuables, jewellery, games consoles, hairdryers, straighteners, tongs or any electronic devices to the centre.

What not to bring...

- **No mobile phones or smart watches**
- Nothing valuable
- No web-enabled/ electronic devices of any kind
- School cameras will be taken
- No aerosol sprays (very sensitive smoke detectors at Heatree)

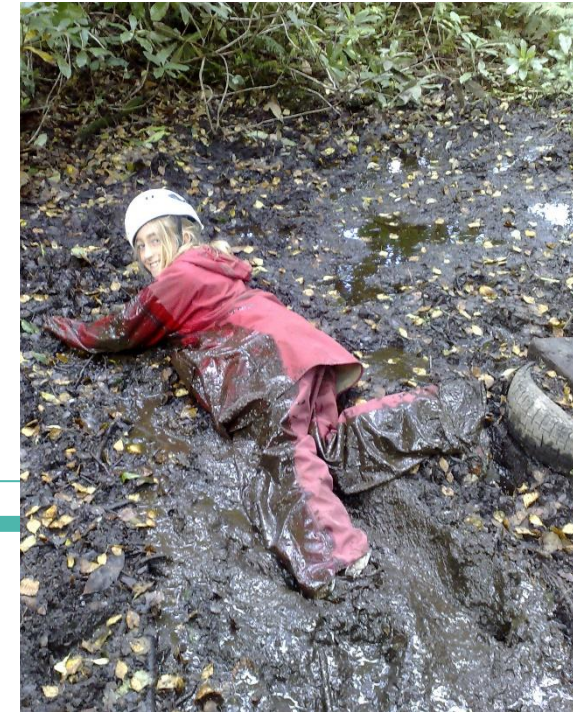
Fantastic Food!



- Cater for all diets
 - Packed lunch on the day they leave
 - 3 balanced meals a day
 - All eat together
 - Chores after every meal (character building!)
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Outdoor Education

Low Adventure Scramble



Outdoor Education

High Ropes



Outdoor Education

Orienteering



Outdoor Education

Wilderness Venture



Outdoor Education

Going
Global



Any Questions?