



**EMS Year 5 residential**  
**5th-8th May 2026**

# Key Information

- 5th-8th May (3 nights/4 days)
- 5 centre-run activities
- Arrive at school at 8:15am on Tuesday 5th May (**no parking in the school car park**). Pupils will gather in the sports hall.
- Leave at approx. 9am on the coach
- Return to school by approx 4pm, Friday 8th May - if traffic is bad, you will receive notification
- Updates:
  - Arriving safely message on our website

# Key Information

- Heatree Activity Centre, Devon - AALA Licensed Centre (*Adventures Activities Licensed Authority*)
- Self-contained site - EMS is the only school
- In an emergency, contact via the school
- **ALL children must have a digital consent form completed to attend the trip (sent out last week, please complete ASAP)**
- **The final payment instalment to be made by Tuesday 1st April. Please settle any outstanding as soon as possible.**

# Key Information - medicines

- **Essential - take a yellow medical form** if your child will need to take any medicines during the trip (*including travel sickness*)
- **Yellow Form, with medication in a zip-lock bag - to be returned to office no later than Monday 27th April - we cannot give your child medicine unless you complete and sign the **Yellow medicine form****
- Staff are unable to administer aspirin or medicines containing ibuprofen **UNLESS they are prescribed by a doctor.**
- **All medicines** must be provided in the original container and prescribed medicines - as dispensed by a pharmacist, including the instructions for administration
- Failure to ensure this, may affect our ability to administer the medicine

# Key Information - medicines

- All instructions on the **yellow medical form**, must match any instructions on the box/packet they are in.
- Please do not send in paracetamol 'just in case'... School will take liquid paracetamol for students for this purpose (**as stated on the digital consent form**)
- **ANY** questions regarding medicines, please speak to **Mrs Bartlett** in the office at your earliest convenience - all these details are clearly stated on the medical form

# The EMS Team at Heatree

- Mrs Dibben (Head of Year 5/group leader/First-aider)
- Miss Beth Hoyland (year 5 tutor)
- Miss Emily Rogers (year 5 tutor/first-aider)
- Mrs Karen Doe (year 5 tutor)
- Mrs Becky Dunn (year 5 TA)
- Mrs Sally McGraw (year 5 foundation teacher)
- Mr Rob Christopher (Head & year 5 teacher/first-aider)
- Mr Parker (governor)
- Mrs Timmins (TA)

# Modern Facilities



- Dorm Rooms mostly of 4 (2 bunks) - all with en-suite bathrooms
- EMS is the only school
- Mrs Dibben will have a master key & lock up in the evenings
- Each room has an en-suite bathroom
- Girls and boys will be on separate sides of building
- Staff distributed throughout

# Bedroom Groups and Activity Groups

## Bedroom Groups

Will be mixed across year group

Pupils to give 2 names and will be guaranteed to be with at least 1 of their choices

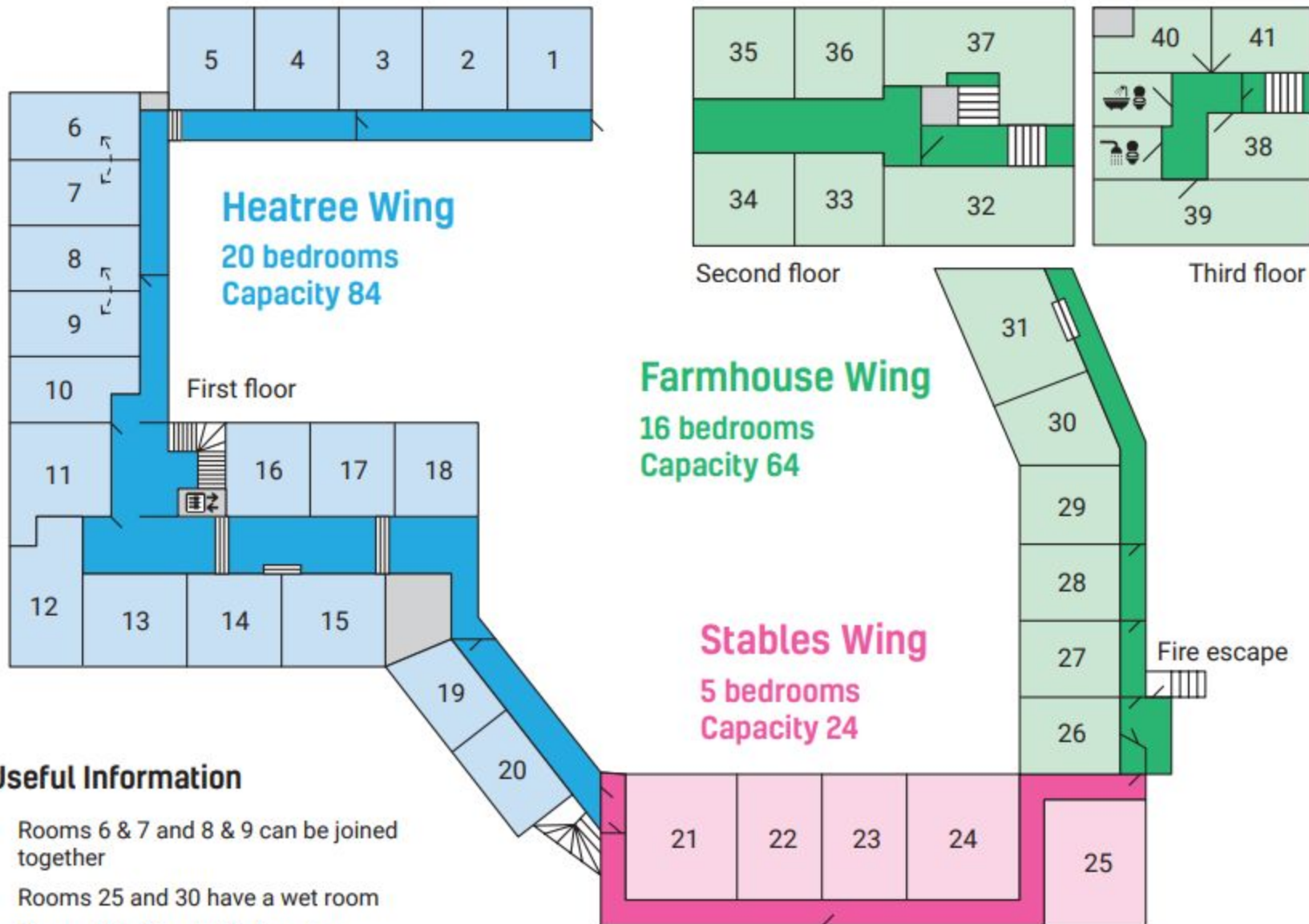
Groups to be given at Heatree

## Activity Groups

Will be mixed across year group

Groups approx 1:11 (each group will also be led by a Heatree staff member)

Activity groups will be given Friday before we go



### Useful Information

- Rooms 6 & 7 and 8 & 9 can be joined together
- Rooms 25 and 30 have a wet room
- Rooms 38, 40 and 41 share two bathrooms (not ensuite)
- Travel cots are available upon request

# Our First Day! (Tuesday 5th May)

- Arrive at school at 8:15am on Tuesday 5th May (drop off at the sports hall) **\*Please do not park in school car park\***
- Coach will leave at approx. 9am (2-3 hour journey)
- **Essential - packed lunch on the first day**
- If your child is entitled to a FSM and you would like them to have a packed lunch ordered, please ensure you order it via the office no later than **Monday 27th April.**
- Children must be dressed in their activity clothes on the morning of Tuesday 5th May to ensure readiness for their first activity!

# EMS - Heatree Residential, May 2026

## Schools Kit List

### Clothing - warm layers

4 sets of outdoor clothing including:

- Several warm layers e.g. coat, fleece, jumpers, sweaters as well as t-shirts
- Long trousers - preferably not jeans
- Waterproof jacket (& trousers if you have them)
- Casual clothes for non-activity wear at meal times / evenings
- Pyjamas
- Underwear & socks (+spare)

**PLEASE ENSURE CHILDREN ARE IN THEIR OUTDOOR CLOTHING, FOOTWEAR AND COAT ON ARRIVAL** (they will go to their first activity after lunch and will not have access to their bags until after the activity session which finishes approx. 3.45pm)

### Footwear

- **An old pair of training shoes for wet and muddy activities**
- **A second pair of trainers or walking shoes**
- **Wellington boots (if you have them)**
- **Slippers or other indoor shoes**

## Bedding

- Sleeping bag OR single duvet cover (single duvets & pillows are provided)

## Other

- A lunch box and water bottle for packed lunches – use this to bring your own lunch on the first day and then for lunches provided through the week

- A
- A
- B
- R
- S
- T
- C

\*This should all fit into one bag/suitcase that can be pulled or carried by the children\*

## Please do not bring.

Mobile phones, electronic and web-enabled devices, radios, music players, valuables, jewellery, games consoles, hairdryers, straighteners, tongs or any electronic devices to the centre.

# What not to bring...

- **No mobile phones or smart watches**
- Nothing valuable
- No web-enabled/ electronic devices of any kind
- School cameras will be taken
- No aerosol sprays (very sensitive smoke detectors at Heatree)

# Fantastic Food!

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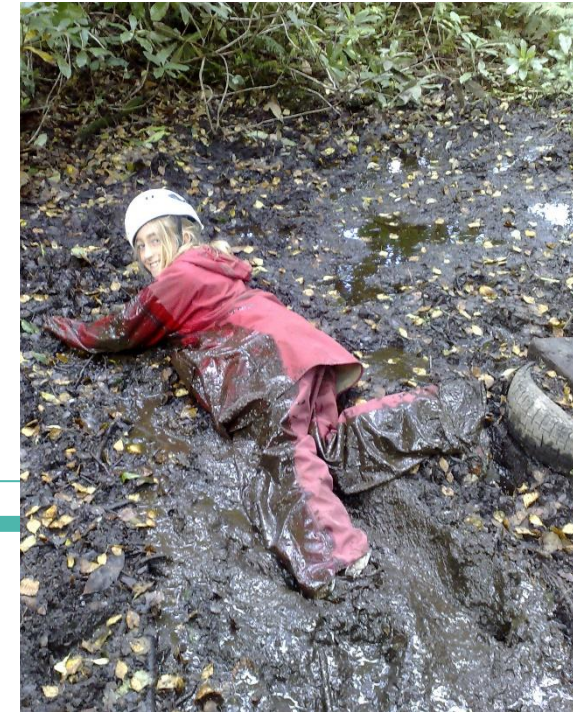
- Cater for all diets
  - Packed lunch on the day they leave
  - 3 balanced meals a day
  - All eat together
  - Chores after every meal (character building!)
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# Outdoor Education

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## Low Adventure Scramble

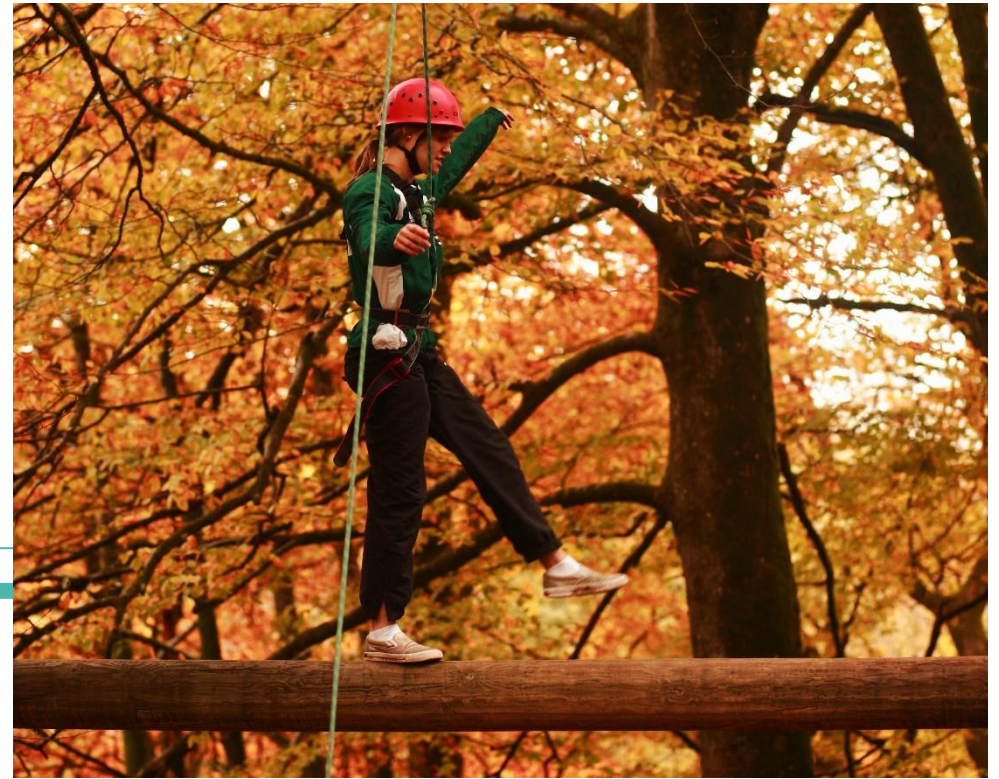


# Outdoor Education

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## High Ropes



# Outdoor Education

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## Orienteering



# Outdoor Education

## Wilderness Venture



# Outdoor Education

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Going  
Global



**Any Questions?**