

WEEK 1

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

OPTION 1

Tomato & Vegetable Pasta

Cottage Pie, Creamy topping and gravy

Peri Peri or Bbq Chicken or Quorn with Diced Potatoes & Sweetcorn Salsa

Meatballs In a Rich Tomato Sauce and Rice

Salmon Fishfingers/Fishfingers with Chips & Tomato Sauce

OPTION 2

Mexican Fajitas with Turmeric Rice

Creamy Chickpea & Coconut Curry with Rice

Seasoned Chicken with Mashed Potatoes & Gravy

Plain Chicken or Vegan Meatballs with Rice

Smokey BBQ Quorn with Chips

OPTION 3

Just Pasta & Cheese

Jacket Potato, Beans or Cheese

Plain Chicken, Mashed Potato & Gravy

Plain Chicken or Vegan Meatballs & Rice

Jacket Potato, Beans or Cheese

SIDES

Vegetables of the day

Vegetables of the day

Vegetables of the day

Vegetables of the day

Vegetables of the day

PUDDING

Blackberry & Apple Crumble with Custard

Melting Moment Biscuit

Fresh Fruit Platter

Carrot & Courgette Cake

Chocolate Orange Cookie

SANDWICHES

BAGUETTES & ROLLS

DAILY GRAB & GO OPTION

JACKETS

ALLERGIES

PLEASE SPEAK TO A MEMBER OF STAFF IF YOU HAVE AN ALLERGY AND NEED TO KNOW WHAT'S INSIDE OUR FOOD DISHES. THEY WILL ADVISE YOU OF YOUR AVAILABLE CHOICES.

WEEK 2

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

OPTION 1

Cheese & Tomato
Pizza Served with
Potato Wedges

Chicken Pasta
bake with
Garlic Bread

Farmhouse Sausages
with Mashed Potato
& Gravy

Chicken Tikka
Masala with
Rice

Tuna Pasta Bake
or Fish Fingers
with Chips

OPTION 2

Rainbow Pizza
Served with
Potato Wedges

Asian
Vegetable
Curry with Rice

Vegan Sausages
with Mashed
Potato & Gravy

Mild Mexican
Chilli with Rice

Cheese &
Tomato Quiche
with Chips

OPTION 3

Creamy
Butternut
Squash Pasta

Plain Chicken
with Plain
Pasta

Jacket Potato
with Beans or
Cheese

Plain Chicken
& Rice

Jacket potato
with Beans or
Cheese

SIDES

Vegetables Of
The Day

Vegetables Of
The Day

Vegetables Of
The Day

Vegetables Of
The Day

Vegetables Of
The Day

PUDDING

Marble
Sponge Cake
with Custard

Jelly with
Mandarins

Fruit Medley

Peach Cake

Oaty Cookie

SANDWICHES

BAGUETTES & ROLLS

DAILY GRAB & GO OPTION

JACKETS

ALLERGIES

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WEEK 3

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

OPTION 1

Macaroni Cheese

Chicken Balti served with Rice

Roast Of The Day, Roast Potatoes & Seasonal Vegetables

Spaghetti Bolognese

Breaded Fish Fillet with Chips & Tomato Sauce

OPTION 2

Plant Base Meatballs in Tomato Sauce with Rice

Caribbean Butterbean Stew with Rice & Peas

Vegan Cottage Pie with Gravy

Hot Pot Baked Bean Casserole

Vegetable Omelette with Chips

OPTION 3

Jacket Potato with Beans or Cheese

Plain Chicken & Rice

Plain Pasta with Cheese

Plain Minced Beef with Spaghetti

Fish Pie

SIDES

Vegetables Of The Day

Vegetables Of The Day

Vegetables Of The Day

Vegetables Of The Day

Vegetables Of The Day

PUDDING

Chocolate & Beetroot Brownie

Sticky Toffee Apple Crumble & Custard

Fresh Fruit Salad

Savoury Cheese Scone

Vanilla Shortbread

SANDWICHES

BAGUETTES & ROLLS

DAILY GRAB & GO OPTION

JACKETS

ALLERGIES

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